

Child-Focused Parenting Plan

A parenting plan is a written agreement between parents outlining how they will raise their children after separation. While it is not legally binding in itself, presenting a well-thought-out, highly detailed plan to a court demonstrates that you are a pragmatic, child-focused parent.

We have provided a comprehensive template to help you structure your proposal.

What the Plan Covers:

1. Living Arrangements & Schedule

- The regular weekly/fortnightly schedule.
- Handover locations and times (e.g., "Handover will occur at school drop-off/pick-up to minimize direct conflict").

2. Holidays & Special Occasions

- Alternating Christmas, Easter, and summer holidays.
- Arrangements for the children's birthdays, Mother's Day, and Father's Day.

3. Education & Healthcare

- Agreements on sharing school reports and attending parents' evenings.
- Notification protocols for medical emergencies or routine appointments.

4. Communication Protocols

- How and when the children will communicate with the non-resident parent.
- How the parents will communicate with each other (e.g., exclusively via email, 24-hour response time for non-emergencies).

5. Dispute Resolution

- A predetermined method for resolving disagreements before returning to court, such as attending mediation.

How to Use the Template

Download the Word document via the link below. Fill in the specifics relevant to your children. Be realistic—do not propose a 50/50 split if your work schedule makes it impossible to execute. Focus on quality time and stability.

[Download the Parenting Plan Template \(.docx\)](#)

[Download the Word Document Template \(.docx\)](#)